

ancient wisdom for modern living

Children's Yoga

yoga: life-long learning

bendy stretchy
calming & fun

Ages: 7-11 years welcome

Venue: Yoga Institute

Day: Tuesdays

Time: 3:45-4:30pm

Duration: 10 week (during school terms)

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 www.yogainstitute.com.au

 YogaInstitute.com.au
training • mentoring • healing